

CHALLENGES IN LONG TERM CARE

TOPICS

- Pressure Ulcer Prevention: A Systems Approach
- Behavioral Challenges in Long Term Care: A Forum
- Physical Restraint Use in Long Term Care: Still Holding Us Back
- Person-centered Dementia Care: Life Histories and Memory Books
- So You Say You're Not In Pain...?

Pressure Ulcer Prevention: A Systems Approach • January 12, 2010 – 1:30 P.M. EST (60 minutes)

- Discuss the components necessary for a strong pressure ulcer prevention program
- Explore basic care issues and organizational systems which may contribute to the success of a pressure ulcer prevention program
- Examine standardized risk factors for pressure ulcers to expose potential underlying risk

Behavioral Challenges in Long Term Care: A Forum • February 9, 2010 – 1:30 P.M. EST (60 minutes)

Note: The format of this webinar is a forum—the presentation will be developed from questions solicited from, and submitted by, registered participants prior to the session.

- Answer provider questions regarding the common behaviors associated with dementia
- Outline essential elements to build an effective behavioral assessment process
- Identify two factors that will assist staff to recognize potentially inappropriate use of psychoactive medications

Physical Restraint Use in Long Term Care—Still Holding Us Back • March 9, 2010 – 1:30 P.M. EST (60 minutes)

- Review responsibilities related to physical restraint use as identified in the regulatory guidelines
- Examine interventions that continue to promote the creation of physically restrained environments
- Identify key factors necessary to promote physical restraint elimination

Person-centered Dementia Care: Life Histories and Memory Books • April 13, 2010 – 1:30 P.M. EST (60 minutes)

- Identify the benefits of utilizing life histories/memory books with residents with dementia
- Discuss examples of biographical information that can be captured through life histories and memory books
- Explore techniques to use life histories/memory books as a communication tool to enhance conversation, increase activity engagement and minimize challenging behaviors

“So You Say You're Not in Pain...?” • May 11, 2010 – 1:30 P.M. EST (60 minutes)

- Examine the components of a comprehensive pain assessment
- Identify non-traditional approaches to ameliorate pain
- Utilize the components of the assessment to develop an individualized, person-centered care plan

Kendal Outreach, LLC is an approved provider of continuing nursing education by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Certificates for earned CEU credit will be awarded to nurses upon full attendance of the presentation and receipt of the completed evaluation.

Kendal Outreach, LLC is not receiving any commercial support for this presentation, nor do we endorse any product in association with this presentation.

Fee:

\$132/session; \$400/series (5).

Special pricing for Pennsylvania providers: \$99/session; \$300/series (5).

Note: Due to the state of the economy and its impact on LTC facilities, our fee schedule is the same as last year's pricing.

Registration Information:

Complete the form below.

Make check payable to Kendal Outreach, LLC

Mail to: Kendal Outreach, LLC

1107 E Baltimore Pike

Kennett Square, PA 19348

OR

Register online at www.kendaloutreach.org

OR

Fax registration to Kashmira Narinesingh-Smith at 610-335-1288 and indicate payment method. Upon receipt of registration, confirmation will be sent via e-mail or fax.

Questions? Call 610-335-1280

*Recorded sessions will be available for purchase from Kendal Outreach's online store within 2 weeks of the real time presentation.

About Kendal® Outreach and Kendal® Consultants: Kendal®, the pioneer of restraint-free care, has over 30 years of management and operational experience in the development and implementation of comprehensive approaches to safe, individualized, care practices that have led to successful outcomes for many organizations. Whether exploring programs to improve existing practices or addressing challenges, our consultants offer guidance and processes specific to organizational needs. Kendal® consultants have over 100 years combined LTC experience and serve, or have served, as educators with the Pennsylvania Restraint Reduction Initiative and the Pennsylvania Nursing Care Facilities Best Practices project. The long-standing value of maintaining the autonomy and dignity of the frail, elderly person through person-centered care underlies Kendal's® dedication to promoting the well-being and quality of life of those served.

Please register me for the following session(s):

- January 12; 1:30 pm EST- Pressure Ulcer Prevention: A Systems Approach
- February 9; 1:30 pm EST – Behavioral Challenges in Long Term Care: A Forum
- March 9; 1:30 pm EST – Physical Restraint Use in Long Term Care: Still Holding Us Back
- April 13; 1:30 pm EST – Person-centered Dementia Care: Life Histories and Memory Books
- May 11; 1:30 pm EST – “So You Say You’re Not in Pain...?”

Fee: \$132/session; \$400/series. Special pricing for Pennsylvania LTC facilities: \$99/session; \$300/series

Name of Contact Person: _____

Facility/Organization: _____

Address: _____

Phone: _____

Fax: _____

E-mail address: _____

check enclosed check will be mailed

Make check payable to: Kendal Outreach, LLC and mail to Kendal Outreach, LLC, 1107 E Baltimore Pike, Kennett Square, PA 19348

Note: You can also register online at www.kendaloutreach.org

Questions: Contact Kashmira Narinesingh-Smith at 610-335-1280

or knsmith@kendaloutreach.org

